

SMI (Version 1, 118 items, Final)

Scoring Key & Interpretation

There are 118 items for the inventory. Listed below are the item numbers for each of the 14 modes. Compute the mean score for each mode for the client, then compare the score against the means and standard deviations on the next page for various samples.

1. Vulnerable Child (n = 10) 4, 6, 34, 48, 63, 67, 101, 102, 106, 113.
2. Angry Child (n = 10): 22, 40, 45, 47, 53, 59, 72, 75, 99, 105.
3. Enraged Child (n = 9): 14, 24, 25, 44, 51, 88, 94, 97, 117.
4. Impulsive Child (n = 8): 12, 15, 33, 38, 62, 65, 74, 93.
5. Undisciplined Child (n = 5): 13, 21, 61, 66, 103.
6. Happy Child (n = 10): 2, 17, 19, 46, 57, 64, 91, 92, 108, 116.
7. Compliant Surrender (n = 7): 8, 18, 35, 36, 52, 96, 104.
8. Detached Protector (n = 9): 27, 31, 32, 37, 41, 56, 60, 71, 84.
9. Detached Self-Soother (n = 4): 39, 49, 54, 82.
10. Self-Aggrandizer (n = 10): 10, 11, 26, 29, 42, 70, 77, 85, 87, 109.
11. Bully and Attack Mode (n = 9): 1, 23, 30, 50, 73, 89, 95, 98, 107.
12. Punishing Parent (n = 10): 3, 5, 9, 16, 55, 68, 80, 83, 90, 112.
13. Demanding Parent (n = 7): 7, 43, 78, 79, 86, 100, 110.
14. Healthy Adult (n = 10): 20, 28, 58, 69, 76, 81, 111, 114, 115, 118.

Wert eintragen, Summe pro Zeile bilden, durch „n“ teilen

1. Verletzbares Kind, *Vulnerable Child* (n = 10)

4	6	34	48	63	67	101	102	106	113	Σ	∅
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2. Verärgertes Kind, *Angry Child* (n = 10)

22	40	45	47	53	59	72	75	99	105	Σ	∅
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3. Wütendes Kind, *Enraged Child* (n = 9)

14	24	25	44	51	88	94	97	117		Σ	∅
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4. Impulsives Kind, *Impulsive Child* (n = 8)

12	15	33	38	62	65	74	93			Σ	∅
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5. Undiszipliniertes Kind, *Undisciplined Child* (n = 5)

13	21	61	66	103						Σ	∅
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6. Glückliches Kind, *Happy Child* (n = 10)

2	17	19	46	57	64	91	92	108	116	Σ	∅
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7. Bereitwillig Erduldender, *Compliant Surrender* (n = 7)

8	18	35	36	52	96	104				Σ	∅
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8. Distanzierter Beschützer, *Detached Protector* (n = 9)

27	31	32	37	41	56	60	71	84		Σ	∅
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9. Distanzierter Selbst-Beruhiger, *Detached Self-Soother* (n = 4)

39	49	54	82							Σ	∅
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10. Narzisstische Selbst-Überhöhung, *Self-Aggrandizer* (n = 10)

10	11	26	29	42	70	77	85	87	109	Σ	∅
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11. Schikane-und-Angriff-Modus, *Bully and Attack Mode* (n = 9)

1	23	30	50	73	89	95	98	107		Σ	∅
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12. Strafender, kritischer Elternteil, *Punishing Parent* (n = 10)

3	5	9	16	55	68	80	83	90	112	Σ	∅
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13. Fordernder Elternteil, *Demanding Parent* (n=7)

7	43	78	79	86	100	110				Σ	∅
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14. Gesunder Erwachsener, *Healthy Adult* (n=10)

20	28	58	69	76	81	111	114	115	118	Σ	∅
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Nederlandse Normen 2010

Means and standard deviations of the modes of the SMI in three subsamples

From: Lobbetael, J., van Vreeswijk, M., Spinhoven, P., Schouten, E. & Arntz, A. (2010). The reliability and validity of the short Schema Mode Inventory. *Behavioral and Cognitive Psychotherapy*, 38, 437-458.

SMI subscales	Non-patient controls		Axis I patients		Axis II patients	
	m	sd	m	sd	m	sd
Vulnerable Child	1.47	.51	2.66	.94	3.36	1.11
Angry child	1.81	.48	2.56	.90	3.09	.94
Enraged Child	1.20	.29	1.55	.67	2.05	.92
Impulsive Child	2.15	.53	2.46	.72	3.05	.97
Undisciplined Child	2.27	.60	2.57	.85	2.95	.94
Happy Child	4.52	.54	3.39	.87	2.88	.77
Compliant Surrender	2.51	.56	3.00	.88	3.32	.95
Detached Protector	1.59	.52	2.35	.94	2.95	.94
Detached Self-Soother	1.93	.65	3.00	.91	3.32	.98
Self-Aggrandiser	2.31	.59	2.47	.76	2.63	.87
Bully and Attack	1.72	.51	1.91	.68	2.21	.77
Punitive Parent	1.47	.39	2.16	.90	2.75	.97
Demanding Parent	3.06	.60	3.50	.85	3.71	.90
Healthy Adult	4.60	.56	3.99	.80	3.60	.83

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